

## Swindon Academy

Coaching for Success is a Grit programme that is delivered in schools across the country. It is aimed at supporting young people in achieving their full potential. The young people participate in a 4-day personal development workshop and then regular, one-to-one coaching sessions for up to six months.

An essential element of each programme is the introduction of performance coaches. This is a special opportunity to support a small group of young adults at **Swindon Academy** (usually 2 or 3), in finding the motivation and skills they need to succeed in their education.

Through taking on the role, performance coaches will receive considerable training that will be directly transferable to their work place.

### **We are looking for volunteer Performances Coaches to support young people at Swindon Academy**

#### **Results for YOU will include:**

Having the experience and satisfaction of enrolling young people into this life changing programme and making a considerable difference in the life of a young person.

- Having the experience and satisfaction of making a considerable difference in the life of a young person and others in the community;
- Training and practice in being a life coach – a tool much required and sought after in today's world;
- Improved leadership and interpersonal skills - increasing effectiveness at work and in relationships with family and friends;
- A better understanding of young peoples' issues and thinking;
- More meaningful and powerful relationships with your community.

#### **Your training:**

Your training: You will participate in a training package designed and delivered by some of the best trainers in the field of personal and professional development. It will start with a 2 day intensive workshop. This will be followed by monthly follow-up sessions enhancing what you have learnt, developing your skill set further and supporting you in your role with the young people.

Performance Coach workshop will take place on **Saturday 6<sup>th</sup> October - Sunday 7<sup>th</sup> October 2018** (Saturday 9am - 6pm, Sunday 9am - 6pm)

If you would like more information about the roles, commitments and training dates please contact **Andrew** on **07787 296193** or at [volunteer@grit.org.uk](mailto:volunteer@grit.org.uk)