



get READY FOR WORK

Free course

This free course is for people who want to build their confidence and get back into the workplace. This 3 day course will cover topics such as:

Confidence & Motivation - Get it, Build it, Keep it!
Reviewing your skills and strengths, discover your true value
Finding the job or career you want. Could you be the boss?
Identifying any gaps in skills or training needs
Action Planning and preparing for interviews, getting a YES.

By the end of the sessions you will have a plan of action & know the next steps you need to take to get back into work.

Wednesday 24th, Thursday 25th, Friday 26th October 2018 (9:30am to 2:30pm)

or

Wednesday 16th, Thursday 17th, Friday 18th January 2019 (9:30am to 2:30pm)

or

Wednesday 10th, Thursday 11th, Friday 12th April 2019 (9:30am to 2:30pm)

or

Wednesday 17th, Thursday 18th, Friday 19th July 2019 (9:30am to 2:30pm)

To enrol or for further information please contact Ed Browne

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