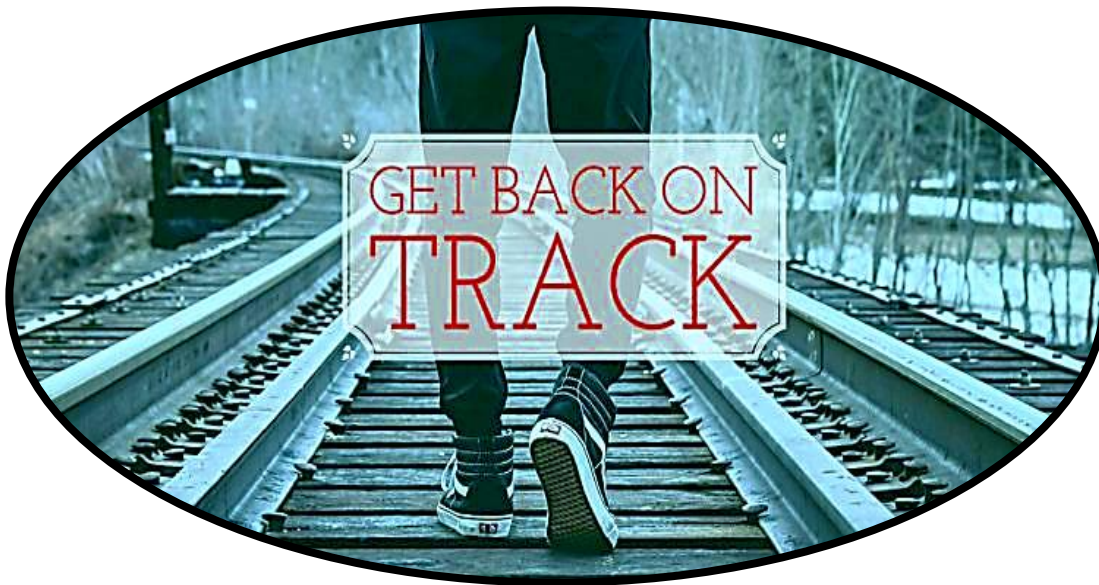


Back on Track

This programme will help you set priorities to plan your life and your job searching for better results!



What other participants have said about 'Back on Track':

"I'm feeling motivated to go that bit further when applying for work – I'm thinking more positively and going the extra mile."

"I'm much happier, less isolated and planning to take my maths and English Level 1."

"I'm less nervous about meeting people – now I'm planning on getting back into care work and finishing my NVQ3."

"This is the first course I have done, and I really enjoyed it."

The Learning Curve

You'll work in a small group, in a non-classroom setting, improving your skills and exploring your options for work.

You'll develop Teamwork & Assertiveness, Work Ethics, Employability Skills & plan your next steps, taking part in a mixture of fun team activities, days out and discussions.

Sessions run from 9.30am – 2.30pm

Week 1:

Icebreaking, assertiveness, team work.
Group activity – budgeting, shopping, planning, cooking and serving a lunch.

Week 2:

Work ethics, time keeping, personal presentation & self-respect.
Group Activity: Treasure Trail

Week 3:

Take your Personal Development Plan back to your Work Coach for a review interview and action setting.
Personal presentation & Haircut day.

Week 4:

All about your personal development plan & progression.
Employability skills - CVs, Cover Letters, interview skills. Wrap-up, final presentation and celebration.

For more info, please call 01803-551551:

Gemma / Jane

Elim Centre, Dews Lane, Salisbury, Wiltshire SP2 7SN

Georgia / Penny

Trowbridge Town Hall, Wiltshire, BA14 8RQ