



Kayhlan



Team Leader

# Have you thought about joining the next Prince's Trust Team Programme

Check upcoming dates on our website: [www.innerflame.org.uk/team](http://www.innerflame.org.uk/team)



For more information, please contact:

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# WHAT !F?



Team  
programme



**European Union**  
European  
Social Fund



Team  
programme

# !F Inner Flame

# Team – New Challenges and Experiences

## Day 1: Meet new people

Don't worry about turning up on your own – there'll be about 12 people joining and everyone will be in the same situation. It'll be informal and there'll be plenty of activities so you'll soon feel part of things.

## Week 1: Take action

Over this week, you'll start planning for the weeks ahead – setting out what you want to achieve and finding out how to get your qualifications. You'll also be planning for a week away.

## Week 2: New experiences

You'll spend this week away – trying new things and learning how to work with others. This gives you a chance to break away from your current situation. The sort of things you could do include canoeing, climbing, raft-building and much more!

## Weeks 3 – 6: Something to talk about

As a team, you'll decide on a project to benefit your community and carry it out. You might be surprised at what you can achieve together. This gives you great experiences to talk about at interviews.

## Weeks 7 – 8: Work placements

This is the time to see how the skills you've developed so far can help you in the workplace.

It's also a great chance to try out a type of work, or company, to see whether you like it.

## Week 9: Plan for the future

Time to plan your next steps after the programme.

You'll get help to write a fantastic CV, practice your interview skills and make applications.

## Week 10 – 11: Meet the challenge

You and your team will take on a challenge to help others in the community. This is when you get to test out all the skills you'll have worked on so far.

## Week 12: Have your say

In your final week, you'll have the opportunity to present your views and experiences to an audience you have invited. This is your chance to show off the talents you've discovered!



## Totally Pandemic-friendly!

You can now complete the course almost fully online, but we will be phasing in face-to-face for those who prefer.

# Join Team

# Over 80%

of our young people moved on to work, education or training following the course



- ⇒ Uncover your hidden talents and improve your confidence
- ⇒ Gain new skills and qualifications
- ⇒ Mix with new people and make new friends
- ⇒ It won't cost you anything and you won't lose your benefits
- ⇒ Team is run by an organisation in your area, Inner Flame are your local organisation
- ⇒ Team is a 12-week course – see opposite page for details