

## Managing the numbers to maintain Wellbeing





## Would you like to improve your:

- Understanding of what the numbers mean at home and when out and about
- Overall confidence and wellbeing as you understand what the numbers mean
- Numeracy and Maths skills to help manage your day to day

## Then this is the course for you!

The course dates are on the following dates at

Information Session Wednesday 1<sup>st</sup> March: 12.30pm – 2.30pm Pewsey Library, Aston Close, Pewsey SN9 5EQ. Then weekly:

Wednesday 8th March 12.30pm - 2.30pm

Wednesday 15<sup>th</sup> March 12.30pm – 2.30pm

Wednesday 22nd March 12.30pm – 2.30pm

Wednesday 29th March 12.30pm – 2.30pm

Wednesday 19th April 12.30pm - 2.30pm

Wednesday 26th April 12.30pm - 2.30pm

To book a place, please contact Rosa on 07469 920846 or email info@madanu.co.uk

Please note: Courses are free for those aged 19+ who have Maths skills below that of GCSE grade C or below Grade 4 with the new grading system.

